

1. (Currently Amended) An adaptable storage unit for dispensing containers in a selectively cascading first-in, first-out manner, the storage unit comprising:

a receiving area configured to receive containers;

a user-accessible dispensing area configured to provide containers;

a storage track configured to convey containers from the receiving area to the dispensing area; and

a selectively engageable stop positioned proximate the user-accessible dispensing area, the selectively engageable stop configured to pass containers from the dispensing area to another storage unit if the selectively engageable stop is disengaged.

2. (Currently Amended) The unit of claim 1, wherein the selectively engageable stop is further configured to hold containers at the dispensing area for access by a user if the selectively engageable stop is engaged.